



Weekly Opening Routine

1. Sing them in

Children respond well to structure. Additionally, reducing any “down time” during PEAK worship enhances the worship experience for the children. As the children are entering the room, start off with a song for the children to join as they are walking toward their designated mat. Some great songs involving movement include “If You’re Happy and You Know it”; “Jesus is a Friend”; and, “Deep and Wide”.

2. Tribe Shout Outs

Each of the tribes has its own “shout out”. Ask each tribe to call it out to you:

- Rams: “Rams! Pow!” as they make fists and bump them together.
- Lions: “Roar!” with hands up like “claws”.
- Eagles: “Caw, Caw, Caw” using hands to open & close like a beak.
- Bears: “GRRR!” using their hands as bear paws.

3. Theme Verse

Help the children learn the PEAK theme verse, Isaiah 2:3 using the hand motions in the youtube video with Steven Hovater.

“Come let us go up to the mountain of the Lord. He will teach us His ways, that we may walk in His paths.” Isaiah 2:3

Video Link: <https://www.youtube.com/watch?v=Fr2PZwYzo2A>



Mountaintop Worship – 3 - November

Abraham & Sarah

The Point: God Calls Us to Follow

Storyline: Abraham, Sarah, & Isaac

Genesis 12:1-9; Genesis 17:1-8; 17:15-22; 18:1-15; Genesis 21:1-7
Hebrews 11:8, 10 (faith of Abraham)

Make the Point:

- God calls us and we will follow Him
- God keeps His promises – we can trust Him

Week One – God Calls Abram (Genesis 12:1-9)

Storyline:

- God picked Abram to be the head of a very important family. Jesus is a descendant of this important family.
- God came to Abram and told him to travel to a new home far away.
- Abram did not know where the new home was, but God promised to show the way.
- Abram and his wife, Sarai, had no children, but God promised they would grow into a great family – as many as the grains of the sand on the shore and the stars in the sky.
- Abram and Sarai believe God's promises. They pack up and follow God.

Presentation Ideas:

- **"Bible Big Book Posters"** – Get the children to tell the story with you using the posters and motions. Use these posters to follow the storyline for week one.
- **Stars in the sky** - Turn out the lights and use the overhead projector to show the kids the number of stars in space and grains of sand. Talk about God's promise to Abram and tell the children they are part of this promise - everyone who believes in God can be a child of Abram/Abraham.

Link for visual reference: [Which is more, the grains of sand or number of stars?](#)

Week Two – God Promises a Child (Genesis 17:1-8; 17:15-22; 18:1-15)

Storyline:

- For many years, Abram and Sarai waited for a baby, but no baby came. They wanted to believe God's promise, but it was very hard to wait so long.
- When Abram was 99 years old, God came to talk to him. He gave Abram a new name – Abraham – the father of many nations. He gave Sarai a new name – Sarah – princess.
- Not long after, three men came to Abraham's tent. He invited them in and gave them bread and meat to eat.
- When the men were eating, Sarah was behind the tent-flap listening.
- One of the visitor's told Abraham that Sarah will have a baby the next year.
- Sarah laughed when she heard this. She thought they (Abraham and Sarah) were much too old to be able to have a baby.

- The visitor – who was really the Lord – asked, “Is anything too hard for God?”

Presentation Ideas:

- **“Big Bible Book Posters”** – Get the children to tell the story with you using the posters and motions.
- **Grains of Sand object lesson** - You will need a table on stage, a magnifying glass, a toothpick, and a small pile of sand.
 1. Have a child (you can do this with how ever many you want to take turns coming up on stage) come up and try to count the grains of sand.
 2. Talk about how God promised Abraham & Sarah more children than they could count.
 3. We are Abraham’s children when we walk in faith.
 4. Explain God’s promises and blessings are more than we can count.
 5. Have the children take turns sharing some of God’s blessings to us.

Week Three – Isaac is Born (Genesis 21: 1-7)

Storyline:

- The next year, just like God promised, Sarah had a baby boy. They named the baby Isaac, which means “laughter”.
- Sarah said, “God has made me laugh. Now everyone who hears about this will laugh with me.”
- Abraham and Sarah learned to have faith in God. They learned that nothing is too hard for God.

Presentation Ideas:

- **Read and Share Bible DVD:** Play the Abram and Sarai story (stored in PEAK cabinet over sink area).
- **“That’s Impossible” object lesson:** You will need 3 containers (large size, middle size, and small - like a cup - and 1 tennis ball.
 1. Have a child come up on stage. Starting with largest container, set it on the floor and ask the child to stand a few feet away and toss the ball into the container.
 2. After successfully getting the ball into the largest container, swap the container with middle sized one and repeat getting the child to toss the ball into it.
 3. On the last, smallest container/cup, ask the child to turn away from the container and toss the ball over their shoulder to try to get it into the cup.
 4. After the ball misses the container, the worship leader then “helps” the child by having the child repeat the toss over their shoulder. The worship leader should catch the ball and place it in the cup illustrating that with God, all things are possible.

Week Four – Review

Presentation Ideas:

- **Read and Share Bible DVD:** Play the Abram and Sarai story.
- **Stars in the sky** - Turn out the lights and use the overhead projector to show the kids the number of stars in space. Talk about God’s promise to Abram and tell the children they are part of this promise - everyone who believes in God can be a child of Abram/Abraham.

Communion:

Our congregation normally will share in communion prior to dismissal to PEAK; however, there may be times when PEAK dismissal occurs prior to communion, so we will share it during PEAK on those occasions.

If communion is shared in PEAK during November, some ideas for reflection with the kids include:

- God keeps His promises. He promised if we trust Him and believe Jesus Christ is His son and we have faith in Him, we will be able to be with him in eternity.
- We are God’s children. He wants us to trust Him and turn to Him daily – during the good and bad times we experience.
- We are to follow God in everything we do.

Puppets:

Each week, a puppet (C.C., Chip, etc.) likes to drop by and go over the rules and remind the children about the Quiet Seat award. Normally, the same puppet will help conclude PEAK by recognizing any visitors (who normally are given a PEAK Frisbee), any upcoming birthdays, and announcing our Quiet Seat winner(s).